

Pre-Surgery Instructions

7 DAYS PRIOR TO SURGERY

- Confirm the date and time of admission
- Get all the required investigations done
- Consult your doctor if you are taking blood thinners, aspirin, or vitamin E (these may increase bleeding-related complications during surgery)
- Stop alcohol and smoking 48 hours prior to surgery

1 DAY PRIOR TO SURGERY

- Confirm the time of surgery
- For surgery, you are supposed to be completely empty stomach for 8 hours
- Do not drink even water 8 hours prior to surgery
- Make sure not to wear any metal or ornament while going for surgery
- For pediatric patients- bring them in comfortable clothes, you may bring their favorite toy or linen, make sure the child also doesn't drink or eat 6 hours prior to surgery
- Arrange someone to stay with you during hospital stay and discharge
- Don't bring jewelry or other valuables to the hospital
- In case you wear contact lenses bring a case to store them properly

- Bring all your medications, reports and prescriptions to the hospital

BEFORE SHIFTING YOU TO OT

- You will be asked to wear just a gown (provided by a hospital) and no other clothes
- Tie your hair as instructed in case of EAR surgery
- Remove artificial dentures
- Remove all earrings, necklaces or nose pins
- Attender will be allowed to go with you till outside OT
- For pediatric patients- only one parent/care-taker can be allowed to go inside the OT complex, if necessary if it becomes necessary then the attender may be allowed to go inside OT only till general anesthesia is administered

INSIDE OT

- Your anesthetic will instruct you about the administration of anesthesia.
- Anesthesia is not at all painful, it is easily administered via IV line or Face mask.